

Ingredients

- 8 oz. self-rising flour
- 2 oz. caerphilly cheese
- 1 1/2 oz. butter
- 1/4 pt. milk
- 1 1/2 oz. fine sugar
- Pinch of salt

Method

- 1. Sift the flour and salt together.
- 2. Rub in the butter.
- 3. Grate the cheese and add with the sugar into the flour mixture.
- 4. Add the milk slowly until a soft firm dough is formed.
- 5. Turn onto a floured board and roll out until 2 inches thick.
- 6. Cut into rounds and place on a greased baking tray.
- 7. Brush with milk and cook at 425 F for 10 minutes.
- 8. Serve hot and buttered.

Courtesy of member Rose Hillman, House of Lancaster Cookery Book, 1986